Protect yourself

from the seasonal flu

One of the most beneficial steps you can take in staying healthy is getting your flu shot. Each year thousands of people are hospitalized because of complications from the flu. That's why we encourage our members to get their annual flu vaccination.

It's more important than ever to stay up to date with the available immunizations that keep you healthy, including your flu shot. It's also important to remember that the flu and COVID-19 may present similar symptoms but are very different viruses.

Please note, your group health plan covers COVID-19 vaccination administration at no cost-share.

Seasonal flu shot coverage

The cost and payment method of getting the flu shot depends on the plan you have and where you choose to get it. Below is a list of where you can get the flu shot:

- Plan members can receive the flu shot at any primary care physician or in-network provider*
- Participating MinuteClinics[®] at CVS pharmacies, RediClinics[®] at Rite Aid pharmacies, or other retail-based clinics in accordance with your standard benefits plan
- Members with pharmacy coverage through their group health plan prescription drug benefits can receive their flu shot at any in-network pharmacy[†]
- If you do not know if your plan covers immunizations, you may call Customer Service at the number on the back of your ID card.

Seasonal flu reimbursement

If your plan includes coverage for immunizations and you paid for your flu vaccine, you may submit a *Seasonal Influenza Reimbursement Form* for reimbursement of up to \$50. For a copy of the reimbursement form, log in to **myahabenefits.com** and visit the *Resource Center*.



*Flu vaccines are not covered when administered to adults (18+) at pediatric offices/practices. †Check with your plan administrator for any questions around the availability of this coverage.

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To find in-network pharmacies and providers near you, log in at **myahabenefits.com**.