

# Self-funding — It just makes sense...



## The Value of Self-funding

- Medical administration, including CDHP
- Population health management
- Wellness programs
- Prescription, dental, & vision
- FSAs, HRAs, HSAs
- Stop-loss administration
- COBRA administration
- Web-based tools & resources

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## Key Advantages

- Significant cost savings
- Pay claims when incurred
- Potential tax savings
- Outside-of-the-box plan designs
- Extensive local and national provider network
- Detailed analytics to help find cost savings
- Innovative Health Management Programs to help improve health and control costs
- First-class customer service
- Online enrollment, tools, and resources
- Experienced team of health benefits professionals
- Qualified specialists in:
  - Stop-loss
  - Cost-management strategies
  - Funding
  - Consumer-directed health plans
- Over 20-year track record in the business



## What Can AmeriHealth Administrators Do For You?

### Cost Control and Plan Design

Cost control and customization are two of the primary reasons organizations turn to a third-party administrator (TPA) to manage their health benefits programs. Unlike a traditional carrier, a TPA doesn't take a cookie-cutter approach to plan design.

Our methodology is simple — construct a plan that meets your business objectives and delivers the best value across the entire organization. That's just one of the benefits of self-funding. Through custom benefits plans, AmeriHealth Administrators delivers:

- **Health Management** — A host of integrated services that employs utilization management, case management, disease management, and decision support to maximize your return and help improve patient outcomes.
- **Nationwide Network Access** — Get the best of both worlds — national access with very competitive discounts.
- **Consumer-Directed Health Plans** — Giving your plan members more control over their health care spending can help plan sponsors manage costs.

### Network Cost-Saving Strategies

We can design a provider network strategy that satisfies your goals for savings and your members' need for provider access. We have an extensive proprietary network and arrangements with prominent regional and national managed-care networks that can provide the needed coverage and attractive discount structure — whether your member is at home, traveling, or has a dependent away at school.

### Claims Analysis to Pinpoint Potential Savings

Detailed analytics and reporting are the keys to good decision making. Our data warehouse, coupled with our analytics and reporting tools, provides the hard data to help you find areas where savings may be realized.

Custom reports, ad hoc reports, or modifying existing reports — AmeriHealth Administrators works directly with each client to ensure you have the information to help make intelligent decisions.



## Better Health Can Help Control Costs

### Integrated Health and Wellness Programs

If there's one thing we've learned it's the importance of managing a member's health on an ongoing basis — whether it's answering a health-related question or providing support to handle a chronic condition. Health management can help members make better informed decisions that can lead to better health.

We offer a complete health management program to support every member — from the healthy to those with chronic conditions. Our approach is consultative, allowing us to design an integrated program specifically targeted at your population. Or you can elect to implement individual features over time.

Available options include:

- URAC-accredited health utilization and case management
- Maternity management & neonatal intensive care (NICU)
- Disease management and decision-support tools
- Predictive modeling and custom reporting
- Biometric screenings and wellness reimbursement
- Weight loss and smoking cessation
- Employee Assistance Program
- Screening reminders

### Manage Your Level of Risk

Protect yourself against the unexpected with stop-loss insurance coverage. Our in-house stop-loss services can help you navigate the entire process. We can help you identify the type and limits of coverage that best fit your specific business and population.

**Stop-loss Assessment and Negotiation** — Let us help you evaluate your options, negotiate rates, and manage arrangements with MGUs and carriers.

**Stop-loss Management** — We can handle the entire workflow across claims operations, medical management, funding administration, and with the MGU and carriers.

Other services include:

- Stop-loss threshold alerts to keep you informed
- Single point-of-contact for premium billing and remittance

## WebMD®

- Personal health profile (PHP) — gives members overall wellness scores when they answer a confidential questionnaire
- Personal health record (PHR) — securely collects, stores, and manages members' information
- Hospital quality report — compares hospitals by performance, procedure, or condition
- Health management centers — provides valuable information based on the member's PHP and interests
- Health plan selector — helps members evaluate health plan options, including HSAs
- Lifestyle improvement programs
- Symptom checker and the latest health information and news

### Other Web-based Tools

- Online enrollment
- Provider finder
- Claims and eligibility information
- Explanations of Benefits
- Decision-making and support tools
- Health account (FSA, HRA, HSA) balances and transaction history
- Reporting tools for plan sponsors

### Other Member Resources

- Baby Beginnings<sup>SM</sup> — promotes healthy behavior before, during, and after pregnancy through the baby's first year
- ChooseHealthy<sup>TM</sup> — discounts and access to complementary provider therapies, dietary supplements, and wellness products
- CorCell<sup>®</sup> — collects and stores newborn cord blood at licensed, accredited facilities

CorCell® is a registered trademark of CorCell.  
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